

# Over-the-Counter (OTC) Medications and Products

**2020 Benefit Catalog and Order Form**

Keep this catalog  
to reference  
for future orders.



Get OTC items delivered to your doorstep at no additional cost!



[NationsOTC.com/Emblemhealth](https://NationsOTC.com/Emblemhealth)

# Save Money with Your OTC Benefit

You have an over-the-counter benefit of a certain amount that can save you money and help you stay well. This benefit allows you to purchase medications, health- and wellness-related items, first-aid supplies and other qualifying items, and have them shipped directly to your home.

## How to Place an Order

Ordering the items you need is simple. Choose what you need by taking these steps.

### 1 DETERMINE ORDERING METHOD

Select which option is best for you:



#### PHONE

Call **844-432-4327** (TTY: 711) to speak with a Member Experience Advisor Monday through Friday, 8:00 a.m. to 8:00 p.m. ET. Language support services are available if needed.



#### MAIL ORDER

Complete and send in the enclosed mail order form included in this catalog. **If the end of your benefit period is approaching and you're not sure your order form will be received prior to the last business day of the month, please call or order online.**



#### ONLINE

Visit **NationsOTC.com/Emblemhealth** to place an order by selecting products and completing the checkout process.

### 2 SELECT PRODUCTS

Choose from the list of covered products by available category.

### 3 PLACE ORDER

Products will be shipped and delivered to your home.

If you have any questions or need help placing your order, we're here for you. Member Experience Advisors are available at **844-432-4327** (TTY: 711). We want to ensure you get the items you need.

## Commonly Asked Questions

**Q: Can I return a product?**

**A:** Due to the personal nature of the products, returns are not accepted. If an item is damaged during shipping, it will be exchanged or replaced for an identical item, at no cost, within 30 days of purchase.

**Q: When can I expect to receive my products?**

**A:** You can expect to receive your items within 2 to 5 business days after an order is placed, unless a change must be made to the order or for any reason.

**Q: How can I track my shipment?**

**A:** Members receive an order number along with a tracking ID when placing an order through **NationsOTC.com/Emblemhealth** or over the phone. This information can be viewed under My Account > My Orders. The tracking ID is populated within 24-48 hours after the order is processed and can be used to track shipments and view all tracking history.

**Q: What if I order more than my allotted allowance?**

**A:** If an order exceeds the benefit amount, you must include a credit card number or enclose a check along with your order form. Cash is not accepted. If you do not include a payment method when your total balance due is more than your available benefit allowance, some items may be removed from your order. If that is the case, our team will contact you to discuss the changes to your order.

**Q: Who do I contact with questions?**

**A:** If you have questions about your OTC order, please call NationsOTC at **844-432-4327** (TTY: 711). Member Experience Advisors are available Monday through Friday, 8:00 a.m. to 8:00 p.m. ET. For all other questions, please contact your health plan member service team for support.

## Product Categories

The items listed in this catalog are shown by category, making it easier for you to locate what you're looking for. Available categories include:

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ITEM #	DESCRIPTION	QTY	PRICE
ANTICANDIDAL (YEAST)			
5016	Miconazole Vaginal Cream 3-Day, 0.32 oz.	1 ct.	\$13
5283	Monistat® Vaginal Cream 3-Day	1 ct.	\$24
5850	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator), 6.5%	1 ct.	\$17
BATHROOM SAFETY & FALL PREVENTION			
5506	Anti-Slip Safety Tread Tape	1 ct.	\$6
5229	Bath Mat, Non-Skid	1 ct.	\$16
5851	Bath Safety Bench with Back	1 ct.	\$33
5537	Bath Safety Bench without Back	1 ct.	\$25
5591	Handheld Shower Head	1 ct.	\$13
5218	Knurled Chrome Grab Bar, 12"	1 ct.	\$17
5542	Knurled Chrome Grab Bar, 24"	1 ct.	\$18
5805	Knurled Chrome Grab Bar, 32"	1 ct.	\$34
5532	Raised Toilet Seat	1 ct.	\$19
5534	Raised Toilet Seat with Arms	1 ct.	\$35
5853	Shower Mat, Non-Skid	1 ct.	\$10
5533	Toilet Safety Rails	1 ct.	\$29
5536	Transfer Bench, Adjustable	1 ct.	\$58
5230	Tub Safety Bar	1 ct.	\$47
5032	Tub Safety Bar, Suction	1 ct.	\$38
COLD, FLU & ALLERGY			
5252	Abreva® Cream, 2 gm.	1 ct.	\$24
5084	Acetaminophen Sinus Congestion Caplets	24 ct.	\$3
5335	Afrin® Nasal Spray, 0.5 oz.	1 ct.	\$13
5790	Airborne® Chew ‡	32 ct.	\$8
5606	Blistex® Ointment	1 ct.	\$4
5344	Carmex®	1 ct.	\$5
5052	Cetirizine Tablets, 10 mg.	30 ct.	\$6
5097	Chlorpheniramine Maleate Antihistamine (Allergy Tablets), 4 mg.	24 ct.	\$3
5334	Claritin® Tablets, 10 mg.	10 ct.	\$18
5061	Cold & Allergy Liquid, 4 oz.	1 ct.	\$3
5163	Coricidin®	20 ct.	\$12
5338	Cough & Cold for High Blood Pressure	16 ct.	\$4
5220	Cough Drops, Cherry	30 ct.	\$2
5545	Cough Drops, Honey Lemon	30 ct.	\$3
5126	Cough Drops, Menthol	30 ct.	\$2
5405	Cough Drops, Sugar-Free, Cherry	25 ct.	\$3
5690	Cromolyn Sodium Allergy Nasal Spray, 1.5 oz.	1 ct.	\$13
5399	Day & Night Cold & Flu Caplets	20 ct.	\$6
5153	Day Cold & Flu Liquid, 4 oz.	1 ct.	\$5
5236	Day Cold & Flu Softgels	16 ct.	\$12
5234	DayQuil® Liquid, 8 oz.	1 ct.	\$12
5854	Diphenhydramine Antihistamine Allergy Tablets, 25 mg.	100 ct.	\$3



ITEM #	DESCRIPTION	QTY	PRICE
5451	Diphenhydramine Antihistamine Allergy Tablets, 25 mg.	24 ct.	\$3
5855	Fexofenadine Allergy Tablets, 180 mg.	30 ct.	\$11
5856	Fluticasone Propionate (Allergy Nasal Spray, 24-hour), 120 sprays, 50 mcg.	1 ct.	\$21
5095	Green Tea Flu & Cold Honey Lemon	6 ct.	\$8
5691	Guaifenesin Cough Expectorant, 400 mg.	100 ct.	\$9
5202	Halls® Cough Drops	30 ct.	\$5
5503	Humidifier, Ultra-Sonic	1 ct.	\$42
5614	Humidifier, Ultra-Sonic, Crane®	1 ct.	\$58
5418	Loratadine Allergy Tablets, 10 mg.	30 ct.	\$4
5857	Loratadine Allergy Tablets, 10 mg.	100 ct.	\$8
5559	Medicated Lip Balm	1 ct.	\$2
5237	Mucinex® Day/Night Caplets	30 ct.	\$27
5465	Mucinex® DM Tablets	20 ct.	\$16
5464	Mucinex® Tablets	20 ct.	\$15
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg.	14 ct.	\$10
5087	Mucus Relief DM Tablets	30 ct.	\$4
5086	Mucus Relief Tablets	30 ct.	\$4
5345	Nasacort® Allergy Relief 24-Hour, 10.8 ml.	1 ct.	\$22
5799	Nasal Decongestant Inhaler, Levmetamfetamine, 0.007 oz.	1 ct.	\$8
5082	Nasal Decongestion PE Tablets	36 ct.	\$4
5081	Nasal Decongestion Spray, 1 oz.	1 ct.	\$4
5807	Nasal Rinse Kit, Saline	1 kit	\$18
5677	Nasoflow, Allergy Relief, 60 uses	1 ct.	\$14
5197	Neti Pot	1 ct.	\$15
5040	Night Cold & Flu Liquid, 8 oz.	1 ct.	\$6
5083	Night Cold & Flu Softgels	16 ct.	\$5
5233	NyQuil® Liquid, 8 oz.	1 ct.	\$12
5674	NyQuil® Severe Caplet, Travel Packet	1 ct.	\$3
5235	NyQuil® Softgels LiquiCaps®	16 ct.	\$12
5692	Personal Steam Inhaler	1 ct.	\$53
5005	Robitussin® DM Syrup, 4 oz.	1 ct.	\$11
5072	Saline Nasal Spray, 1.5 oz.	1 ct.	\$3
5453	Snoring Nose Strips	10 ct.	\$9
5693	Sore Throat Lozenges, Cherry	18 ct.	\$5
5694	Sore Throat Spray, Cherry, 6 oz.	1 ct.	\$8
5007	Thera-Flu® Multi-Symptom, Lemon	6 ct.	\$14
5023	Tussin DM Sugar-Free Syrup, 4 oz.	1 ct.	\$4
5015	Tussin Syrup, 4 oz.	1 ct.	\$3
5008	Tylenol® Sinus Congestion Caplet	24 ct.	\$14
5511	Vapor Rub, 3.5 oz.	1 ct.	\$3
5426	Zyrtec®, 10 mg.	14 ct.	\$22

ITEM #	DESCRIPTION	QTY	PRICE
DENTAL & DENTURE CARE			
5700	Biotene® Dry Mouth Oral Rinse, 16 oz.	1 ct.	\$14
5330	Dental Floss, Mint Waxed	1 ct.	\$3
5130	Dental Floss, Reach®, Mint Waxed	1 ct.	\$4
5168	Dental Travel Kit	1 ct.	\$3
5260	Denture Adhesive Cream, 2.4 oz.	1 ct.	\$4
5626	Denture Brush	1 ct.	\$2
5546	Denture Cleaning Tablets	40 ct.	\$4
5808	Efferdent® Plus Mint Tablets	36 ct.	\$9
5204	Efferdent® Tablets	20 ct.	\$3
5504	Fixodent® Cream, 0.75 oz.	1 ct.	\$4
5379	Fixodent® Cream, 2.4 oz.	1 ct.	\$8
5200	Interdental Flossups	90 ct.	\$3
5195	Oral Pain Relief Gel, 0.33 oz.	1 ct.	\$3
5701	Polident® Denture Cream, 3.9 oz.	1 ct.	\$7
5809	Polident® Overnight	84 ct.	\$12
5510	Toothbrush, Adult Patient	1 ct.	\$2
5006	Toothbrush, Colgate®	1 ct.	\$2
5101	Toothbrush, Colgate®, Adult Medium	1 ct.	\$3
5505	Toothbrush, Colgate®, Adult Soft	1 ct.	\$2
5160	Toothbrush, Rechargeable	1 ct.	\$28
5161	Toothbrush, Rechargeable Replacement Heads	2 ct.	\$17
5702	Toothbrush, Soft 2-pack	1 ct.	\$7
5241	Toothpaste Squeezer	1 ct.	\$3
5047	Toothpaste, Colgate®, 4 oz.	1 ct.	\$3
5811	Toothpaste, Crest® Sensi-Relief, 4.1 oz.	1 ct.	\$10
5102	Toothpaste, Fluoride, 6.4 oz.	1 ct.	\$3
5859	Toothpaste, Pepsodent®, 5.5 oz.	1 ct.	\$3
5421	Toothpaste, Sensitive Teeth, 4.3 oz.	1 ct.	\$3
5530	Toothpaste, Travel Size, 0.85 oz.	1 ct.	\$2
5294	Toothpaste, UltraBright®, 6 oz.	1 ct.	\$4
5654	Water Jet, Battery Operated	1 ct.	\$41
5703	Water Jet Replacement Tips	5 ct.	\$17
DIABETES CARE			
5295	Alcohol Pads *	100 ct.	\$3
5812	Diabetic Skin Relief Foot Cream, 3.4 oz.	1 ct.	\$12
5225	Diabetic Socks, Black, Medium 3-pack	1 ct.	\$6
5223	Diabetic Socks, Black, Large 3-pack	1 ct.	\$5
5860	Diabetic Socks, Black, X-Large 3-pack	1 ct.	\$5
5224	Diabetic Socks, White, Medium 3-pack	1 ct.	\$6
5222	Diabetic Socks, White, Large 3-pack	1 ct.	\$6
5861	Diabetic Socks, White, X-Large 3-pack	1 ct.	\$4
5313	Glucose Tablets	50 ct.	\$6

ITEM #	DESCRIPTION	QTY	PRICE
5528	Sharps Container	1 ct.	\$3
DIGESTIVE HEALTH			
5214	Alka-Seltzer® Tablets	24 ct.	\$8
5304	Antacid Chewables	150 ct.	\$4
5438	Antacid Extra Strength Chewables	96 ct.	\$4
5060	Anti-Nausea Liquid, 4 oz.	1 ct.	\$5
5075	Bisacodyl Suppository, 10 mg.	12 ct.	\$4
5094	Bisacodyl Tablets, 5 mg.	25 ct.	\$3
5213	Bisacodyl Tablets, 5 mg.	100 ct.	\$5
5696	ClearLax Unflavored Powder, 13 oz.	1 ct.	\$14
5475	Colace® Caplets	30 ct.	\$20
5420	Docusate Sodium Stool Softener Softgels, 100 mg.	100 ct.	\$4
5254	Dramamine® Tablets	12 ct.	\$9
5477	Dulcolax® Suppository, 10 mg.	8 ct.	\$18
5554	Dulcolax® Tablets, 5 mg.	25 ct.	\$12
5466	Effervescent Tablets	36 ct.	\$5
5036	Enema, Mineral Oil, 4.5 oz.	1 ct.	\$4
5167	Enema, Saline Laxative, 4.5 oz.	1 ct.	\$2
5862	Esomeprazole Magnesium Acid Reducer, Delayed Release, 20 mg. *	42 ct.	\$17
5079	Famotidine Acid Reducer, 10 mg. *	30 ct.	\$5
5021	Fibertab Caplets, 625 mg.	90 ct.	\$8
5028	Fleet® Saline Enema	1 ct.	\$4
5280	Gas Relief Chewable Tablets	100 ct.	\$4
5417	Gas Relief ES Tablets	30 ct.	\$4
5009	Gas-X® ES Chewables	18 ct.	\$10
5188	Glycerin Suppository	25 ct.	\$6
5043	Lactaid® Tablets	32 ct.	\$15
5077	Lactase Enzyme Caplets	60 ct.	\$8
5429	Loperamide Anti-Diarrheal Caplets, 2 mg. *	12 ct.	\$3
5801	Magnesium Citrate, Saline Laxative, Lemon, 10 oz.	1 ct.	\$6
5238	Meclizine Motion Sickness Tablets, 12.5 mg.	12 ct.	\$3
5292	Metamucil®, Orange, 114 dose	1 ct.	\$26
5290	Metamucil®, Sugar-Free Orange, 72 dose	1 ct.	\$26
5697	Methylcellulose Fiber Therapy, 16 oz.	1 ct.	\$12
5795	Milk of Magnesia, 12 oz.	1 ct.	\$3
5033	Natural Vegetable Laxative (Psyllium), 13 oz.	1 ct.	\$9
5056	Nexium® *	14 ct.	\$17
5025	Omeprazole Acid Reducer Tablets, 20 mg. *	14 ct.	\$11
5863	Omeprazole Acid Reducer, Delayed Release, 20 mg. *	42 ct.	\$18
5864	Omeprazole Acid Reducer, Delayed Release, Dissolvable, 20 mg. *	42 ct.	\$23
5217	Pepcid AC®, 10 mg.	30 ct.	\$16
5289	Pepto-Bismol™ Tablets	30 ct.	\$7
5286	Pepto-Bismol™, 8 oz.	1 ct.	\$8



ITEM #	DESCRIPTION	QTY	PRICE
5287	Pepto-Bismol™, 16 oz.	1 ct.	\$12
5288	Prilosec OTC®, 20 mg.	14 ct.	\$16
5212	Senna + Laxative Tablets	60 ct.	\$3
5062	Stomach Relief Liquid, 8 oz.	1 ct.	\$4
5336	Stomach Relief Tablets	30 ct.	\$5
5361	Tucks® Medicated Pad	100 ct.	\$14
5030	TUMS®	150 ct.	\$10
5800	TUMS® Extra Strength	48 ct.	\$8
5247	Vitafusion® Fiber Gummy ‡	90 ct.	\$17
EYE & EAR CARE			
5004	Artificial Tears Drops, 0.5 oz.	1 ct.	\$4
5487	Clear Eyes® Eye Drops, 0.2 oz.	1 ct.	\$4
5385	Cotton Swabs	300 ct.	\$4
5362	Debrox® Earwax Drops, 0.5 oz.	1 ct.	\$10
5031	Ear Dry Drops, 1 oz.	1 ct.	\$8
5815	Ear Pain Relief Ear Drops, 10 ml.	1 ct.	\$13
5166	Ear Syringe	1 ct.	\$3
5189	Ear Wax Removal Drops, 0.5 oz.	1 ct.	\$3
5704	Ear Wax Removal System with Rubber Bulb	1 ct.	\$11
5138	Eye Wash Solution, 3.9 oz.	1 ct.	\$9
5041	Irritation Relief Eye Drops	1 ct.	\$13
5507	Magnifying Glass	1 ct.	\$3
5705	Multi-Purpose Contact Lens Solution, 12 oz.	1 ct.	\$8
5473	Pain Relief Mask	1 ct.	\$3
5513	Reading Glasses, Diopter +1.0	1 ct.	\$18
5514	Reading Glasses, Diopter +1.25	1 ct.	\$18
5515	Reading Glasses, Diopter +1.5	1 ct.	\$18
5516	Reading Glasses, Diopter +1.75	1 ct.	\$18
5517	Reading Glasses, Diopter +2.0	1 ct.	\$18
5518	Reading Glasses, Diopter +2.25	1 ct.	\$18
5519	Reading Glasses, Diopter +2.5	1 ct.	\$18
5520	Reading Glasses, Diopter +2.75	1 ct.	\$18
5521	Reading Glasses, Diopter +3.0	1 ct.	\$18
5522	Reading Glasses, Diopter +3.25	1 ct.	\$18
5523	Reading Glasses, Diopter +3.5	1 ct.	\$18
5524	Reading Glasses, Diopter +4.0	1 ct.	\$18
5048	Redness Relief Eye Drops, 0.5 oz.	1 ct.	\$3
5706	Stye Eye Compress	1 ct.	\$18
5707	Stye Eye Ointment, 3.5 gm.	1 ct.	\$13
5494	Visine® Redness Relief Drops, 0.5 oz.	1 ct.	\$12
FEMININE CARE			
5619	Menopause Relief ‡	30 ct.	\$17

ITEM #	DESCRIPTION	QTY	PRICE
FIRST AID & MEDICAL SUPPLIES			
5404	Adhesive First-Aid Tape *	1 ct.	\$2
5682	Alcohol Swabs	3 ct.	\$3
5816	Antiseptic Skin Cleanser, 8 oz.	1 ct.	\$11
5796	Bacitracin Ointment, 0.5 oz.	1 ct.	\$3
5798	Bacitracin Ointment, 1 oz.	1 ct.	\$4
5698	Bactine® Solution, 5 oz.	1 ct.	\$10
5151	Bandage, Stretch Gauze *	1 ct.	\$2
5173	Bandages, Assorted *	100 ct.	\$3
5128	Band-Aids® *	100 ct.	\$12
5203	Benadryl® Cream, 1 oz.	1 ct.	\$8
5547	Burn Relief Spray, 4 oz.	1 ct.	\$6
5199	Butterfly Closures	12 ct.	\$3
5066	Calamine Lotion, 6 oz.	1 ct.	\$4
5699	Caldyphen Clear Lotion Local Analgesic, 1%, 7.65 oz.	1 ct.	\$9
5866	Cotton Tipped Applicator - 6"	1000 ct.	\$8
5078	Diphenhydramine Anti-Itch Cream, 1.25 oz.	1 ct.	\$3
5194	Disposable Gloves, Small	50 ct.	\$5
5193	Disposable Gloves, Medium	50 ct.	\$5
5191	Disposable Gloves, Large	50 ct.	\$5
5867	First Aid Kit, 20 Pieces	1 ct.	\$3
5612	First Aid Kit, 75 Pieces	1 ct.	\$6
5711	First Aid Kit, 175 Pieces	1 ct.	\$15
5868	First Aid Kit, 200 Pieces	1 ct.	\$20
5605	Flex Seal Spray Bandage, 1.35 oz. *	1 ct.	\$7
5459	Gauze Pad, Sterile	100 ct.	\$5
5462	Gauze Roll	3 ct.	\$2
5433	Gauze Sponge, 4" x 4"	25 ct.	\$4
5400	Hydrocortisone Cream, 1%, 1 oz.	1 ct.	\$3
5339	Hydrocortisone Maximum Strength, 1 oz.	1 ct.	\$3
5527	Hydrogen Peroxide, 4 oz.	1 ct.	\$2
5116	Hydrogen Peroxide Spray, 4 oz.	1 ct.	\$4
5227	Hydrogen Peroxide, 8 oz.	1 ct.	\$3
5317	Ice Bag	1 ct.	\$5
5045	Liquid Bandage	1 ct.	\$5
5059	Neosporin® Ointment, 0.5 oz.	1 ct.	\$8
5250	Neosporin® Plus, 0.5 oz.	1 ct.	\$9
5437	Petroleum Jelly, 4 oz.	1 ct.	\$2
5712	Povidone Iodine Solution Antiseptic, 4 oz.	1 ct.	\$6
5817	Procedural Face Masks with Earloops	50 ct.	\$12
5541	Rubbing Alcohol, 16 oz.	1 ct.	\$3
5683	Sterile Border Gauze, 4" x 4" *	15 ct.	\$31
5131	Tape, Paper Surgical - 1" x 10 yd *	1 ct.	\$2

ITEM #	DESCRIPTION	QTY	PRICE
5869	Triple Antibiotic Ointment, 1 oz.	1 ct.	\$3
5127	Vaseline® Jelly, 3.75 oz.	1 ct.	\$4
5262	Vitacilina® Antibiotic Ointment, 1 oz.	1 ct.	\$6
5549	Wound Wash Spray, 2 oz.	1 ct.	\$4
FOOT CARE			
5818	Bunion Guard	1 ct.	\$10
5219	Callus Cushions	6 ct.	\$3
5216	Clotrimazole Athlete's Foot Cream, 1 oz.	1 ct.	\$5
5497	Compound W® Gel, 0.25 oz.	1 ct.	\$14
5196	Corn & Callus Remover, 0.33 oz.	1 ct.	\$6
5164	Liquid Wart Remover, 0.31 oz.	1 ct.	\$5
5013	Lotrimin® AF Cream, 1%, 0.42 oz.	1 ct.	\$14
5158	Medicated Callus Removers	6 ct.	\$4
5431	Miconazole Nitrate, 2%	1 ct.	\$9
5162	Tinactin® Cream, 1%, 1 oz.	1 ct.	\$17
5165	Tolnaftate Antifungal Cream, 1%, 1.25 oz.	1 ct.	\$4
HEMORRHOIDAL PREPARATIONS			
5414	Hemorrhoid Ointment, 2 oz.	1 ct.	\$5
5076	Hemorrhoid Pad	100 ct.	\$7
5351	Hemorrhoid Suppository	12 ct.	\$7
5820	Preparation H® Medicated Wipes	48 ct.	\$11
5057	Preparation H® Ointment, 2 oz.	1 ct.	\$21
HOME DIAGNOSTIC & PATIENT AIDS			
5813	Activity Tracker	1 ct.	\$52
5562	Blood Pressure Monitor, Manual ‡	1 ct.	\$15
5110	Blood Pressure Monitor, Semi-Automatic ‡	1 ct.	\$28
5371	Blood Pressure Monitor, Upper Arm Automatic ‡	1 ct.	\$22
5573	Blood Pressure Monitor, Upper Arm Talking ‡	1 ct.	\$32
5370	Blood Pressure Monitor, Wrist ‡	1 ct.	\$20
5872	Blood Pressure Monitor, Wrist Talking ‡	1 ct.	\$21
5100	Button & Zipper Aid	1 ct.	\$3
5709	Cushion, Foam Ring	1 ct.	\$20
5873	Cushion, Lumbar	1 ct.	\$14
5652	Disposable Pill Pouches	100 ct.	\$2
5122	Door Knob Gripper	1 ct.	\$6
5723	EZ Detect™ Colon Cancer Test Kit ‡	1 ct.	\$24
5201	Heart Rate Monitor Watch ‡	1 ct.	\$16
5724	Home Access® Cholesterol Test Kit ‡	1 ct.	\$30
5778	HIV Test ‡	1 ct.	\$45
5791	Jar Opener/Faucet Gripper	1 ct.	\$3
5792	Key Turner	1 ct.	\$5
5124	Kitchen Scale, Dial ‡	1 ct.	\$6
5821	Kitchen Scale, Digital ‡	1 ct.	\$25

ITEM #	DESCRIPTION	QTY	PRICE
5793	Lamp Switch Turner	1 ct.	\$5
5794	Letter Opener	1 ct.	\$5
5500	Long Handle Bath Sponge	1 ct.	\$7
5512	Medical Appointment Calendar	1 ct.	\$3
5822	Medicine Bottle Opener with Magnifier	1 ct.	\$10
5154	Medicine Dropper	1 ct.	\$3
5155	Medicine Spoon	1 ct.	\$4
5639	Night Light	1 ct.	\$3
5206	Omron® Pedometer	1 ct.	\$31
5246	Pill Bottle Opener Aid	1 ct.	\$3
5242	Pill Box, 7 Day, 1 Time a Day	1 ct.	\$4
5456	Pill Box, 7 Day, 3 Times a Day	1 ct.	\$3
5210	Pill Box, 7 Day, 4 Times a Day	1 ct.	\$3
5508	Pill Box, 7 Day, AM & PM	1 ct.	\$9
5123	Pill Crusher	1 ct.	\$3
5823	Pill Crusher with Storage	1 ct.	\$11
5824	Pill Cutter with Safety Shield	1 ct.	\$10
5190	Pill Splitter	1 ct.	\$3
5096	Pulse Oximeter ‡	1 ct.	\$20
5098	Reaching Aid Device	1 ct.	\$13
5656	Shoe Horn	1 ct.	\$2
5415	Thermometer Probe Cover	30 ct.	\$3
5149	Thermometer, 60 Second	1 ct.	\$3
5316	Thermometer, Fever Strip	1 ct.	\$3
5172	Thermometer, Flex Tip	1 ct.	\$7
5627	Thermometer, Talking Ear and Forehead	1 ct.	\$33
5642	Travel Health Folder	1 ct.	\$6
5637	Tub & Stair Safety Tread Tape	1 ct.	\$5
INCONTINENCE SUPPLIES			
5525	A&D Ointment, 4 oz.	1 ct.	\$2
5150	Adult Bladder Control Pad	12 ct.	\$7
5419	Adult Protective Brief, Medium *	20 ct.	\$11
5422	Adult Protective Brief, Large *	20 ct.	\$13
5416	Adult Protective Brief, X-Large *	20 ct.	\$16
5447	Adult Washcloths Disposable *	48 ct.	\$4
5714	Attends® Discreet Men's Guard *	20 ct.	\$14
5878	Attends® Discreet Men's Shield *	20 ct.	\$8
5715	Attends® Discreet Women's Ultimate Bladder Control Pad *	20 ct.	\$21
5716	Attends® Discreet Women's Ultrathin Pad *	20 ct.	\$14
5879	Attends® Discreet Women's Moderate Bladder Control Pad *	20 ct.	\$6
5880	Attends® Discreet Women's Maximum Bladder Control Pad *	20 ct.	\$7
5881	Attends® Discreet Women's Panty Liner *	28 ct.	\$5
5717	Barrier Cream, 4 oz.	1 ct.	\$9

ITEM #	DESCRIPTION	QTY	PRICE
5720	Bladder Control Shaped Pad, Moderate Absorbency *	28 ct.	\$12
5718	Bladder Control Shaped Pad, Maximum Absorbency *	28 ct.	\$12
5719	Bladder Control Shaped Pad, Ultimate Absorbency *	28 ct.	\$12
5170	Disposable Bed Underpads *	5 ct.	\$5
5883	Disposable Underwear Pull-Up, Medium - 34" to 44" *	20 ct.	\$10
5882	Disposable Underwear Pull-Up, Large - 44" to 58" *	18 ct.	\$10
5884	Disposable Underwear Pull-Up, X-Large - 58" to 68" *	14 ct.	\$10
5529	Flushable Wipes *	24 ct.	\$4
5443	Ladies Washable Panty, Small *	1 ct.	\$18
5444	Ladies Washable Panty, Medium *	1 ct.	\$18
5445	Ladies Washable Panty, Large *	1 ct.	\$18
5446	Ladies Washable Panty, X-Large *	1 ct.	\$18
5440	Men's Washable Underwear, Small *	1 ct.	\$18
5441	Men's Washable Underwear, Medium *	1 ct.	\$18
5439	Men's Washable Underwear, Large *	1 ct.	\$17
5442	Men's Washable Underwear, X-Large *	1 ct.	\$18
5721	Underpad, Disposable - 23" x 36" *	15 ct.	\$12
5722	Underpad, Disposable - 30" x 30" *	10 ct.	\$11
5413	Zinc Oxide Ointment, 1 oz.	1 ct.	\$3
PAIN RELIEF			
5022	Acetaminophen Arthritis, 650 mg.	24 ct.	\$3
5430	Acetaminophen Arthritis, 650 mg.	100 ct.	\$11
5303	Acetaminophen Extra Strength Tablets, 500 mg.	100 ct.	\$3
5428	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	50 ct.	\$3
5302	Acetaminophen Tablets, 325 mg.	100 ct.	\$3
5054	Advil® LiquiGels, 200 mg.	20 ct.	\$8
5053	Advil® Tablets, 200 mg.	50 ct.	\$12
5375	After Bite® Relief, 0.5 oz.	1 ct.	\$6
5243	Aleve® Caplets, 220 mg.	24 ct.	\$8
5256	Aleve® Caplets, 220 mg.	100 ct.	\$10
5343	Aspercreme®, 4%, 1.25 oz.	1 ct.	\$13
5073	Aspirin Chewables, Low Dose, 81 mg.	36 ct.	\$2
5297	Aspirin Tablets, 325 mg.	100 ct.	\$3
5064	Aspirin, Enteric Coated Tablets, 325 mg.	100 ct.	\$4
5090	Aspirin, Enteric Coated Tablets, Low Dose, 81 mg.	120 ct.	\$3
5205	Bayer® Aspirin, 325 mg.	100 ct.	\$13
5034	Bayer® Enteric Coated Aspirin, Low Dose, 81 mg.	32 ct.	\$5
5493	Bengay® Cream, 2 oz.	1 ct.	\$9
5251	Capsaicin Cream, 0.025%, 2 oz.	1 ct.	\$3
5363	Ecotrin® Tablets, 325 mg.	125 ct.	\$20
5471	Excedrin® Extra Strength, Travel Packet Box	1 ct.	\$24
5011	Excedrin® Migraine Tablets	24 ct.	\$8
5314	Fast Freeze Pain Relief Spray, 4 oz.	1 ct.	\$9



ITEM #	DESCRIPTION	QTY	PRICE
5018	Acetaminophen Extra Strength Tablets, 500 mg.	50 ct.	\$3
5472	Heating Pad, 12" x 15" *	1 ct.	\$18
5726	Heating Pad, X-Large, 12" x 24" *	1 ct.	\$35
5725	Heating Pad Wrap For Shoulder, Neck, and Back, 25" x 26" *	1 ct.	\$55
5886	HeatWraps - Back & Hip	2 ct.	\$6
5887	HeatWraps - Neck, Shoulder, & Wrist	3 ct.	\$6
5080	Hot & Cold Patch	5 ct.	\$4
5401	Ibuprofen Liquidgels, 200 mg.	20 ct.	\$5
5093	Ibuprofen Tablets, 200 mg.	50 ct.	\$3
5485	Ibuprofen Tablets, 200 mg.	100 ct.	\$4
5342	Icy Hot® Pain Relief Roll-on	1 ct.	\$9
5341	Icy Hot® Patch	5 ct.	\$8
5888	Lidocaine Patch, 4%	5 ct.	\$7
5826	Menthol Gel, 8 oz.	1 ct.	\$9
5457	Muscle Rub Cream, 1.25 oz.	1 ct.	\$3
5017	Naproxen Sodium Caplets, 220 mg.	50 ct.	\$6
5889	Naproxen Sodium Caplets, 220 mg.	100 ct.	\$7
5383	Salonpas® Patch	5 ct.	\$12
5366	Tens Unit, Analog	1 ct.	\$44
5365	Tens Unit, Digital	1 ct.	\$49
5318	Tiger Balm®	1 ct.	\$9
5423	Tylenol® Extra Strength Tablets, 500 mg.	100 ct.	\$19
5425	Tylenol® PM Extra Strength Tablets, 500 mg.	24 ct.	\$11
5424	Tylenol® Regular Strength Tablets, 325 mg.	100 ct.	\$14
5727	Wellpatch® Migraine	4 ct.	\$7
PEDICULICIDE (LICE TREATMENT)			
5411	Lice Comb	1 ct.	\$2
5827	Lice Elimination Kit	1 kit	\$27
5024	Lice Treatment Shampoo, 4 oz.	1 ct.	\$3
5035	LiceMD® Lice Shampoo, 4 oz.	1 ct.	\$18
SKIN CARE			
5397	Acne Gel Benzoyl Peroxide, 10%, 1.5 oz.	1 ct.	\$5
5486	Cutter® Backwoods, 6 oz.	1 ct.	\$8
5479	Insect Repellent, 4 oz.	1 ct.	\$7
5665	Sunscreen, SPF 30, 4 oz.	1 ct.	\$5
5751	Wart Removal System	20 ct.	\$10
SLEEP AIDS			
5074	Diphenhydramine Sleep Tablets	50 ct.	\$5
5891	Nasal Strips, Medium	30 ct.	\$10
5892	Nasal Strips, Large	30 ct.	\$10
5340	Unisom® Tablets	16 ct.	\$10
SMOKING CESSATION			
5050	Nicotine Gum, 2 mg. ‡	20 ct.	\$9

ITEM #	DESCRIPTION	QTY	PRICE
5049	Nicotine Gum, 4 mg. ‡	20 ct.	\$9
5285	Nicotine Gum, 4 mg. ‡	50 ct.	\$25
5689	Nicotine Lozenge, 4 mg. ‡	72 ct.	\$39
5686	Nicotine Patches, Step 1, 21 mg. / 24 hr ‡	14 ct.	\$40
5687	Nicotine Patches, Step 2, 14 mg. / 24 hr ‡	14 ct.	\$40
5688	Nicotine Patches, Step 3, 7 mg. / 24 hr ‡	14 ct.	\$40
SUPPORTS & BRACES			
5395	Ankle Support	1 ct.	\$2
5146	Anti-Embolism Stockings, Small	1 ct.	\$7
5148	Anti-Embolism Stockings, Medium	1 ct.	\$7
5560	Anti-Embolism Stockings, Large	1 ct.	\$7
5147	Anti-Embolism Stockings, X-Large	1 ct.	\$7
5120	Arm Sling	1 ct.	\$10
5207	Arthritis Gloves, Small	1 ct.	\$19
5208	Arthritis Gloves, Medium	1 ct.	\$30
5209	Arthritis Gloves, Large	1 ct.	\$30
5893	Back Support Elastic - 24" to 46"	1 ct.	\$14
5894	Back Support Elastic with Lumbar	1 ct.	\$25
5261	Back Support with Suspenders	1 ct.	\$10
5604	Back Support, Universal	1 ct.	\$25
5407	Carpal Tunnel Gloves, Small	1 ct.	\$30
5408	Carpal Tunnel Gloves, Medium	1 ct.	\$30
5409	Carpal Tunnel Gloves, Large	1 ct.	\$31
5470	Carpal Tunnel Night Brace	1 ct.	\$33
5895	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Medium (Shoe Size 6-8) ‡	1 pair	\$8
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11) ‡	1 pair	\$8
5897	Compression Knee-High Socks, 15-20 mmHg, Men's White, Medium (Shoe Size 6-8) ‡	1 pair	\$8
5898	Compression Knee-High Socks, 15-20 mmHg, Men's White, Large (Shoe Size 7.5-11) ‡	1 pair	\$8
5729	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Small (Shoe Size 4-5) ‡	1 pair	\$15
5899	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Medium (Shoe Size 5.5-7.5) ‡	1 pair	\$9
5900	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Large (Shoe Size 8-10.5) ‡	1 pair	\$9
5728	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Small (Shoe Size 4-5) ‡	1 pair	\$16
5901	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5) ‡	1 pair	\$8
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5) ‡	1 pair	\$8
5903	Deluxe Criss Cross Back Support, Small - 28" to 32"	1 ct.	\$21

ITEM #	DESCRIPTION	QTY	PRICE
5904	Deluxe Criss Cross Back Support, Medium - 33" to 37"	1 ct.	\$21
5905	Deluxe Criss Cross Back Support, Large - 38" to 42"	1 ct.	\$21
5398	Elastic Bandage, 3" x 5 yd *	1 ct.	\$2
5152	Elastic Bandage, 4" x 5 yd *	1 ct.	\$2
5394	Elbow Support	1 ct.	\$3
5906	Heel & Elbow Protector, Small	1 ct.	\$14
5907	Heel & Elbow Protector, Medium	1 ct.	\$14
5908	Heel & Elbow Protector, Large	1 ct.	\$14
5909	Heel & Elbow Protector, X-Large	1 ct.	\$14
5732	Hip Protector, Small	1 ct.	\$37
5731	Hip Protector, Medium	1 ct.	\$37
5730	Hip Protector, Large	1 ct.	\$37
5733	Hip Protector, X-Large	1 ct.	\$37
5526	Hot Cold Reusable Pack, 4" x 6"	1 ct.	\$2
5734	Knee Stabilizer	1 ct.	\$21
5735	Knee Support, Elastic, Small	1 ct.	\$10
5736	Knee Support, Elastic, Small with Stays	1 ct.	\$15
5910	Knee Support, Elastic, Medium	1 ct.	\$7
5911	Knee Support, Elastic, Medium with Stays	1 ct.	\$11
5912	Knee Support, Elastic, Large	1 ct.	\$7
5913	Knee Support, Elastic, Large with Stays	1 ct.	\$11
5393	Knee Support, Medium	1 ct.	\$3
5914	Protective Arm Sleeve, Small	1 pair	\$18
5915	Protective Arm Sleeve, Medium	1 pair	\$22
5916	Protective Arm Sleeve, Large	1 pair	\$22
5917	Protective Arm Sleeve, X-Large	1 pair	\$28
5737	Rib Belt, Female, One Size Fits Most	1 ct.	\$21
5738	Rib Belt, Male, One Size Fits Most	1 ct.	\$21
5391	Support, Knee with U-Buttress, Medium	1 ct.	\$31
5392	Support, Knee with U-Buttress, Large	1 ct.	\$31
5388	Support, Knee with U-Buttress, X-Large	1 ct.	\$38
5561	Thumb Brace	1 ct.	\$8
5121	Warm & Cold Water Bottle	1 ct.	\$5
5389	Wrist Support	1 ct.	\$3
VITAMINS & DIETARY SUPPLEMENTS			
5449	Acidophilus Lactobacilli ‡	60 ct.	\$6
5359	Biotin Gummy, 5,000 mcg. ‡	60 ct.	\$8
5298	Calcium + D3 Tablets, 600 mg. ‡	60 ct.	\$4
5739	Calcium Chew, Chocolate, 650 mg. ‡	60 ct.	\$10
5300	Calcium, 600 mg. ‡	60 ct.	\$6
5001	Centrum® Silver Vitamins ‡	125 ct.	\$19
5000	Centrum® Vitamins ‡	130 ct.	\$17
5402	Cod Liver Softgels ‡	100 ct.	\$6

ITEM #	DESCRIPTION	QTY	PRICE
5156	Coenzyme Q-10, 100 mg. ‡	30 ct.	\$7
5306	Daily Multivitamin ‡	100 ct.	\$3
5918	Daily Multivitamin Gummy ‡	120 ct.	\$10
5713	DHEA Hormonal Supplement, 50 mg. ‡	100 ct.	\$11
5448	Eye Supplement Tablets ‡	60 ct.	\$4
5740	Ferrous Gluconate Iron Supplement, 240 mg. ‡	100 ct.	\$7
5299	Ferrous Sulfate Iron Supplement, 325 mg. ‡	100 ct.	\$3
5337	Fish Oil, Softgels, 1,000 mg. ‡	30 ct.	\$3
5140	Fish Oil, Softgels, 1,000 mg. ‡	60 ct.	\$8
5271	Flaxseed ‡	100 ct.	\$8
5071	Folic Acid, 400 mcg. ‡	100 ct.	\$3
5270	Folic Acid, 400 mcg. ‡	180 ct.	\$5
5668	Folic Acid, 800 mcg. ‡	100 ct.	\$3
5176	Glucosamine Chondroitin, 1,500 mg. ‡	30 ct.	\$12
5450	Glucosamine Chondroitin, 1,500 mg. ‡	60 ct.	\$14
5741	Iron, 27 mg. ‡	100 ct.	\$7
5436	Lutein, 20 mg. ‡	30 ct.	\$11
5742	Magnesium, 250 mg. ‡	100 ct.	\$6
5328	Magnesium, 500 mg. ‡	100 ct.	\$5
5358	Melatonin Gummy, 5 mg. ‡	120 ct.	\$12
5221	Melatonin, 3 mg. ‡	60 ct.	\$5
5273	Melatonin, 3 mg. ‡	100 ct.	\$6
5354	Multivitamin Gummy ‡	60 ct.	\$8
5743	Niacin, 100 mg. ‡	100 ct.	\$5
5184	Niacin, 500 mg. ‡	60 ct.	\$6
5255	Niacin Flush Free, 500 mg. ‡	60 ct.	\$7
5357	Omega + DHA Gummy ‡	90 ct.	\$12
5920	One Daily Men's Multivitamin ‡	100 ct.	\$6
5186	One Daily Women's Multivitamin ‡	90 ct.	\$6
5181	Oyster Shell Calcium, 500 mg. ‡	100 ct.	\$6
5174	Potassium Gluconate, 595 mg. ‡	100 ct.	\$6
5744	Rena-Vite ‡	100 ct.	\$10
5226	Selenium, 200 mcg. ‡	60 ct.	\$5
5132	Senior Multivitamin ‡	90 ct.	\$7
5921	Stress Formula Tablets with Zinc ‡	60 ct.	\$5
5118	Vita-Bee with C ‡	100 ct.	\$8
5065	Vitamin A, 10,000 IU ‡	100 ct.	\$4
5179	Vitamin B Complex + Vitamin C ‡	100 ct.	\$7
5276	Vitamin B Complex with Vitamin C + Iron ‡	100 ct.	\$6
5745	Vitamin B-1, 100 mg. ‡	100 ct.	\$6
5308	Vitamin B-12, 100 mcg. ‡	100 ct.	\$4
5746	Vitamin B-12, 500 mcg. ‡	100 ct.	\$6
5922	Vitamin B-12, Sublingual, 5,000 mcg. ‡	30 ct.	\$4

ITEM #	DESCRIPTION	QTY	PRICE
5747	Vitamin B-6, 100 mg. ‡	100 ct.	\$6
5305	Vitamin B-Complex ‡	100 ct.	\$4
5248	Vitamin B-Complex Gummy ‡	70 ct.	\$8
5492	Vitamin C Gummy ‡	60 ct.	\$8
5301	Vitamin C, 500 mg. ‡	100 ct.	\$3
5748	Vitamin C, 1,000 mg. ‡	100 ct.	\$3
5355	Vitamin D + Calcium Gummy, 500 mg. ‡	60 ct.	\$11
5356	Vitamin D Gummy, 2,000 IU ‡	60 ct.	\$8
5175	Vitamin D, 400 IU ‡	100 ct.	\$4
5183	Vitamin D, 1,000 IU ‡	100 ct.	\$7
5749	Vitamin D, 5,000 IU ‡	100 ct.	\$4
5750	Vitamin E, 100 IU ‡	100 ct.	\$7
5269	Vitamin E, 400 IU ‡	90 ct.	\$9
5274	Zinc Tablets, 50 mg. ‡	100 ct.	\$6

\* Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

‡ Dual purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

§ Scales are only available to members with congestive heart failure or liver disease, to monitor fluid retention.

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. If a product is unavailable or not in stock, it may be substituted for a similar product at no additional charge. Some items may vary depending on manufacturer. Some items listed in this catalog may not be covered under your plan's OTC programs.



**STEP 1 – Complete Your Personal Information**

**OTC Benefit Card #**

**Date of Birth (MM/DD/YY)**

**First Name**

**Last Name**

**Street #**

**Street Name**

**Apt/Suite #**

**City**

**State**

**ZIP Code**

**Phone**

**Email**

**STEP 2 – Make Your Product Selection**

ITEM #	DESCRIPTION	PRICE	QTY	TOTAL
1. _____	_____	\$ _____	_____	\$ _____
2. _____	_____	\$ _____	_____	\$ _____
3. _____	_____	\$ _____	_____	\$ _____
4. _____	_____	\$ _____	_____	\$ _____
5. _____	_____	\$ _____	_____	\$ _____
6. _____	_____	\$ _____	_____	\$ _____
7. _____	_____	\$ _____	_____	\$ _____
8. _____	_____	\$ _____	_____	\$ _____
9. _____	_____	\$ _____	_____	\$ _____
10. _____	_____	\$ _____	_____	\$ _____
11. _____	_____	\$ _____	_____	\$ _____
12. _____	_____	\$ _____	_____	\$ _____
13. _____	_____	\$ _____	_____	\$ _____
14. _____	_____	\$ _____	_____	\$ _____

Total Order Amount \$ \_\_\_\_\_

Benefit Allowance \$ \_\_\_\_\_

Total Remaining Amount Due \$ \_\_\_\_\_

If your total order amount exceeds your current available benefit allowance, please include a check with the order form or fill out your credit card information below to pay the remaining amount due. NOTE: Failure to submit payment in full may cause a delay in receiving your order and/or cancellation of some items. If your total order amount is less than your current available benefit allowance, you DO NOT need to include additional payment information.

Step 3 only applies if you exceed your benefit allowance.

### STEP 3 – Fill Out Payment Information (if applicable)

To pay by check, please make your check payable to NationsOTC and include it with your order form.

To pay by credit or debit card, please fill out the following information:

**Credit/Debit Card #**

**Expiration Date (MM/YY)**

**Security Code (CVV)**

**Cardholder First Name**

**Cardholder Last Name**

**Cardholder Signature**

### STEP 4 – Mail Completed Form

Send the completed order form along with payment (if applicable) to:

NationsOTC  
P.O. Box 8930  
West State Rd. 84, Suite 187  
Davie, FL 33324

If you have any questions or need assistance placing your order, please call NationsOTC at **844-432-4327** (TTY: 711). Member Experience Advisors are available Monday through Friday, 8:00 a.m. to 8:00 p.m. ET. Language support services are available if needed.