

Health Care Sharing Memberships for Individuals & Families

Our most popular program. A wide range of services designed to enhance wellness while sharing the essentials.

OneShare Membership is not health insurance. It is an opportunity to share each members' medical bills and demonstrate the love of God to the entire community.

"Carry each other's burdens, and in this way you will fulfill the law of Christ."

Galatians 6:2 (NIV)

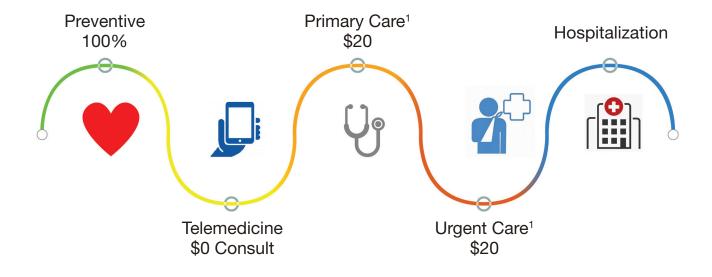


Your health is our mission!

OneShare Health is committed to providing you the most comprehensive, affordable, flexible Membership to best fit your needs.

"God is our refuge and strength, an everpresent help in trouble."

Psalm 46:1 (NIV)



✓ Multiplan Health Care Network	OneShare Health provides you access to one of the largest PPO Networks in the nation with over 1 million providers.
✓ Health Care Sharing Eligibility	Your sharing includes services such as primary care, specialists, urgent care, hospitals and more!
✓ Telemedicine ²	Talk to a doctor 24/7 for your acute care needs and even get a prescription if medically appropriate.

Membership Discount Services³

✔ Prescription Discount Services	You have access to over 60,000 pharmacies. Show them your card and receive 15% to 80% savings on generic drugs and 15% - 25% on brand name drugs.
✓ Vision Discount Services	Save 20% - 40% off the retail price of eyewear with the EyeMed Vision Care Access Plan D discount program. Discounts on exams, eyewear, and contact lenses from more than 65,000 providers nationwide. Save 40%-50% on LASIK.
✓ Dental Discount Services	Save 20% - 60% on most dental procedures including routine oral exams, unlimited cleanings, and major work such as root canals, crowns and dentures. 20% savings on orthodontics and more!
✓ Diabetic Discount Supplies	Save 20% - 40% off retail price for disposable medical supplies.

¹Number of visits vary by Program selection. ²Not Eligible for Sharing. ³THE CAREINGTON DISCOUNT PLAN IS NOT INSURANCE and is not intended to replace health insurance. This plan does not meet the minimum creditable coverage requirements under M.G.L.d.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan.



Classic

Eligible Sharing Services*

	BASIC	ENHANCED	CROWN				
Telemedicine (Available Immediately)	\$0 Consult Fee	\$0 Consult Fee	\$0 Consult Fee				
Prescription Discount Program Available Immediately	EnvisionRX	EnvisionRX	EnvisionRX				
Preventive Services	100%	100%	100%				
Primary Care Physician, Pediatric,OB/GYN¹	1 Per Program Year \$20 Visit Fee	3 Per Program Year \$20 Visit Fee	5 Per Program Year \$20 Visit Fee				
Urgent Care Facility	1 Per Program Year \$20 Visit Fee	1 Per Program Year \$20 Visit Fee	2 Per Program Year \$20 Visit Fee				
Specialists ²	Not Eligible	Not Eligible	\$75 Visit Fee				
Emergency Room	\$500 Visit Fee	\$500 Visit Fee	\$300 Visit Fee				
X-rays/Labs/Diagnostic	PCP/Urgent Care	PCP/Urgent Care	PCP/Urgent Care				
Hospitalization	Eligible	Eligible	Eligible				
In/Outpatient Surgery Life threatening emergency immediately available.	180 day waiting period	180 day waiting period	90 day waiting period				
Maternity/Natural ³	Not Eligible	Not Eligible	\$5,000 Maximum Sharing				
Maximum Limit Per Incident ⁴	\$150,000	\$250,000	\$500,000				
Lifetime Sharing Maximum	\$1,000,000	\$1,000,000	\$1,000,000				
End of Life Sharing	Primary Member \$6,000 Spouse \$4,000 Dependent \$2,000 Primary Member/dependents must be enrolled in the program for 12 continuous months Death certificate required						

¹OB/GYN for well woman visits only. ²\$75 until ISA is met, then 100% sharing. ³\$5,000 natural delivery, C-section \$8,000, Complications \$50,000. ⁴Optional \$500,000 Maximum Per Incident, additional Monthly Contribution Amount applies. Member, \$143 mo. Member + 1, \$253 mo. and Family, \$363 mo. Review membership guide for full details such as waiting periods, limitations, pre-existing and applicable ISA for all sharing services. Unless stated otherwise, there is a 90 day waiting period for any medical expenses, other than accidents, injuries and acute illnesses.

MONTHLY CONTRIBUTION AMOUNT

AGE	BASIC			ENHANCED		CROWN				
\$5,000 Individual Sharing Amount <i>per program year</i>										
Age Bands	Member	Member + 1	Family	Member	Member + 1	Family	Member	Member + 1	Family	
18-29	\$203.43	\$344.22	\$442.77	\$252.71	\$365.34	\$506.12	\$287.90	\$400.53	\$555.40	
30-39	\$250.38	\$423.65	\$544.94	\$311.03	\$449.64	\$622.91	\$354.34	\$492.95	\$683.56	
40-49	\$281.68	\$476.61	\$613.06	\$349.90	\$505.85	\$700.78	\$398.63	\$554.58	\$769.00	
50-59	\$312.97	\$529.56	\$681.18	\$388.78	\$562.06	\$778.65	\$442.93	\$616.20	\$854.45	
60-64	\$375.56	\$635.47	\$817.41	\$466.53	\$674.47	\$934.37	\$531.51	\$739.44	\$1,025.33	
\$7,500 Ind	\$7,500 Individual Sharing Amount per program year									
18-29	\$182.33	\$316.06	\$421.65	\$231.59	\$344.22	\$463.89	\$252.71	\$372.37	\$520.20	
30-39	\$224.09	\$388.99	\$518.95	\$285.03	\$423.65	\$570.93	\$311.03	\$458.30	\$640.24	
40-49	\$252.44	\$437.62	\$583.81	\$320.66	\$476.61	\$642.30	\$349.90	\$515.59	\$720.27	
50-59	\$280.49	\$486.24	\$648.69	\$356.29	\$529.56	\$713.67	\$388.78	\$572.88	\$800.31	
60-64	\$336.58	\$583.50	\$778.43	\$427.55	\$635.47	\$856.39	\$466.53	\$687.46	\$960.36	
\$10,000 In	dividual Sl	naring Amou	nt <i>per pro</i> g	ıram year						
18-29	\$154.17	\$280.86	\$386.45	\$189.35	\$316.06	\$414.61	\$224.55	\$388.52	\$456.85	
30-39	\$189.73	\$345.68	\$475.63	\$233.05	\$388.99	\$510.29	\$276.36	\$423.65	\$562.27	
40-49	\$213.44	\$388.88	\$535.08	\$262.19	\$437.62	\$574.07	\$310.92	\$476.61	\$632.56	
50-59	\$237.17	\$432.10	\$594.54	\$291.31	\$486.24	\$637.86	\$345.47	\$529.56	\$702.83	
60-64	\$284.60	\$518.52	\$713.45	\$349.58	\$583.50	\$765.42	\$414.56	\$635.47	\$843.40	

Families of 6 or more, additional contribution amount of \$50 per dependent. \$30 monthly administration fee applies.

100% Preventive Services Eligible for Sharing





ADULTS

- Blood Pressure Screening
- Cholesterol Screening
- ✓ Colorectal Cancer Stool Test
- ✓ Depression Screening

- Prostate Exam
- PSA Screening
- Type II Diabetes Screening
- HIV Screening

CHILDREN

- Alcohol and Drug Use Assessment
- Autism Screening
- ✓ Behavioral Assessment
- ✓ Blood Pressure Screening
- Cervical Dysplasia Screening
- Congenital Hypothyroidism Screening
- ✓ Depression Screening
- Dyslipidemia Screening
- ✓ Height, Weight, and BMI Measurement

- ✓ Hematocrit/Hemoglobin Screening
- ✓ Hemoglobinopathies/Sickle Cell Screening
- HIV Screening
- Lead Screening
- Obesity Screening/Counseling
- Phenylketonuria Screening
- STI Counseling/Screening
- Tuberculin Testing

IMMUNIZATIONS AND INJECTIONS



- ✓ DtaP
- ✓ Hemophilus
- ✓ Hepatitis A, B
- Herpes Zoster
- Human Papillomavirus
- Inactivated Poliovirus
- ✓ Influenza

- Influenza Type B
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal
- Rotavirus
- Tetanus
- Varicella



WOMEN

- ✓ Anemia Screening
- Bacteriuria & Urinary Tract Infection Screening
- ✓ BRCA Counseling
- Breast Cancer Screening
- **Breast Cancer Chemoprevention** Counseling
- Cervical Cancer Screening
- Chlamydia Infection Screening

- Contraception Counseling
- Domestic Violence Screening
- Gestational Diabetes Screening
- Gonorrhea Screening
- HPV Testing, every 3 years
- Tobacco Screening/Counseling
- STI Counseling
- Syphilis Screening



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Notice: The organization facilitating the sharing of medical expenses is not an insurance company, and its product should never be considered insurance, and neither its guidelines nor plan of operation is an insurance policy. If you join this organization instead of purchasing health insurance, you will be considered uninsured. Whether anyone chooses to assist you with your medical bills will be totally voluntary because no other participant will be compelled by law to contribute toward your medical bills. As such, participation in the organization or a subscription to any of its documents should never be considered to be insurance. Regardless of whether you receive any payment for medical expenses or whether this organization continues to operate, you are always personally responsible for the payment of your own medical bills. This organization is not regulated by the State's Department of Insurance, though complaints concerning this Health Care Sharing Ministry may be reported to the office of the State Attorney General. You should review this organization's guidelines carefully to be sure you understand any limitations that may affect your personal medical and financial needs.

Specific Notice for the following States: **Indiana** Code 27-1-2.1, **Illinois** Statute 215-5/4-Class 1-b, **Missouri** Statute §376.1750 and **Wisconsin** Statute 600.01(1)(b)(9):

Notice: The organization facilitating the sharing of medical expenses is not an insurance company, and neither its guidelines nor its plan of operation is an insurance policy. Any assistance you receive with your medical bills will be totally voluntary. Neither the organization nor any other participant can be compelled by law to contribute toward your medical bills. As such, participation in the organization or a subscription to any of its documents should never be considered to be insurance. Whether or not you receive any payments for medical expenses and whether or not this organization continues to operate, you are always personally responsible for the payment of your own medical bills.

Kentucky Revised Statute 304.1-120(7):

NOTICE: UNDER KENTUCKY LAW, THE RELIGIOUS ORGANIZATION FACILITATING THE SHARING OF MEDICAL EXPENSES IS NOT AN INSURANCE COMPANY, AND ITS GUIDELINES, PLAN OF OPERATION, OR ANY OTHER DOCUMENT OF THE RELIGIOUS ORGANIZATION DO NOT CONSTITUTE OR CREATE AN INSURANCE POLICY. PARTICIPATION IN THE RELIGIOUS ORGANIZATION OR A SUBSCRIPTION TO ANY OF ITS DOCUMENTS SHALL NOT BE CONSIDERED INSURANCE. ANY ASSISTANCE YOU RECEIVE WITH YOUR MEDICAL BILLS WILL BE TOTALLY VOLUNTARY. NEITHER THE ORGANIZATION OR ANY PARTICIPANT SHALL BE COMPELLED BY LAW TO CONTRIBUTE TOWARD YOUR MEDICAL BILLS. WHETHER OR NOT YOU RECEIVE ANY PAYMENTS FOR MEDICAL EXPENSES, AND WHETHER OR NOT THIS ORGANIZATION CONTINUES TO OPERATE, YOU SHALL BE PERSONALLY RESPONSIBLE FOR THE PAYMENT OF YOUR MEDICAL BILLS.



OUR STATEMENT OF BELIEFS

WITH OUR ORIGINS IN THE ANABAPTIST FAITH:

We believe in the sanctity and dignity of every human life, and that God created every life for a special meaning and purpose.

Psalm 139:13-14

We believe that every individual has the constitutional and religious right to worship God in freedom.

2 Corinthians 3:17

We believe and agree in the biblical and ethical principle of sharing with those who are less fortunate and who experience medical needs.

Galatians 6:2

We believe and agree that it is our responsibility to God and our fellow members to engage in accountable healthy living, and to avoid habits and behaviors which are harmful to the body.

1 Corinthians 6:19-20

We believe in the power of prayer to save lives, to heal lives, and to unite our members in a common purpose and community, and we believe that prayer should be a fundamental practice of daily life.

1 John 5:14; Philippians 4:6-7

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OneShare Health Catastrophic v.102919.AHS

ONESHARE HEALTH, LLC (ONESHARE) IS NOT AN INSURANCE COMPANY BUT A RELIGIOUS HEALTH CARE SHARING MINISTRY (HCSM) THAT FACILITATES THE SHARING OF MEDICAL EXPENSES AMONG MEMBERS. As with all HCSMs under 26 USC § 5000A(d)(2)(B)(ii), OneShare's members are exempt from the ACA individual mandate. OneShare does not assume any legal risk or obligation for payment of member medical expenses. Neither OneShare nor its members guarantee or promise that medical bills will be paid or shared by the membership. Available nationwide, but please check www.onesharehealth.com/legal-notices for the most up to date state availability listing. THE DISCOUNT PLAN IS NOT INSURANCE and is not intended to replace health insurance and do not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. The programs are not Qualified Health Plans under the Affordable Care Act. This is not a Medicare prescription drug plan.

www.OneShareHealth.com 833.546.4478