

**Cigna Dental Plan
Rate Sheet**

Monthly rates for insurance policies through December 31, 2019

Cigna Dental Preventive

AREAS	COUNTY	ALL AGES
NY3	NYC Suburbs	\$22
NY1	Manhattan	\$25
NY2	Staten Island-Bronx	\$23
NY4	Queens	\$24
NY5	Brooklyn	\$24
NY6	Albany	\$19
NY11	Hudson Valley	\$20
NY12	Northern NY	\$16
NY7	Syracuse	\$16
NY8	Utica	\$15
NY13	Binghamton	\$17
NY9	Buffalo	\$17
NY10	Rochester	\$16
Nationwide	Nationwide	\$32

**Cigna Dental Plan
Rate Sheet**

Monthly rates for insurance policies through December 31, 2019

Cigna Dental 1000

AREAS	COUNTY	0-24	25-59	60+
NY3	NYC Suburbs	\$30	\$37	\$46
NY1	Manhattan	\$34	\$40	\$49
NY2	Staten Island-Bronx	\$32	\$38	\$47
NY4	Queens	\$33	\$39	\$49
NY5	Brooklyn	\$33	\$39	\$48
NY6	Albany	\$27	\$33	\$42
NY11	Hudson Valley	\$29	\$35	\$44
NY12	Northern NY	\$22	\$28	\$36
NY7	Syracuse	\$23	\$28	\$37
NY8	Utica	\$22	\$27	\$35
NY13	Binghamton	\$23	\$29	\$38
NY9	Buffalo	\$25	\$30	\$39
NY10	Rochester	\$23	\$29	\$37
Nationwide	Nationwide	\$40	\$47	\$56

**Cigna Dental Plan
 Rate Sheet**

Monthly rates for insurance policies through December 31, 2019

Cigna Dental 1500

AREAS	COUNTY	0-24	25-59	60+
NY3	NYC Suburbs	\$34	\$43	\$53
NY1	Manhattan	\$39	\$47	\$57
NY2	Staten Island-Bronx	\$35	\$44	\$54
NY4	Queens	\$37	\$46	\$56
NY5	Brooklyn	\$37	\$46	\$56
NY6	Albany	\$30	\$37	\$47
NY11	Hudson Valley	\$32	\$40	\$50
NY12	Northern NY	\$25	\$31	\$40
NY7	Syracuse	\$25	\$32	\$41
NY8	Utica	\$24	\$30	\$38
NY13	Binghamton	\$26	\$33	\$42
NY9	Buffalo	\$27	\$34	\$43
NY10	Rochester	\$25	\$32	\$41
Nationwide	Nationwide	\$47	\$57	\$67

Individual & Family Plans

Insured by Cigna Health and Life Insurance Company

New York

NY3	NY3	NY3	NY3	NY3	NY3	NY3	NY1	NY1
501	10553	10901	10977	11733	11790	11971	10001	10069
544	10560	10910	10979	11735	11791	11972	10002	10075
6390	10562	10911	10980	11737	11792	11973	10003	10080
10501	10566	10912	10981	11738	11793	11975	10004	10081
10502	10567	10913	10982	11739	11794	11976	10005	10087
10503	10570	10914	10983	11740	11795	11977	10006	10090
10504	10573	10915	10984	11741	11796	11978	10007	10101
10505	10576	10916	10985	11742	11797	11980	10008	10102
10506	10577	10917	10986	11743	11798		10009	10103
10507	10578	10918	10987	11746	11901		10010	10104
10509	10579	10919	10988	11747	11930		10011	10105
10510	10580	10920	10989	11749	11931		10012	10106
10511	10583	10921	10990	11751	11932		10013	10107
10512	10587	10922	10992	11752	11933		10014	10108
10514	10588	10923	10993	11753	11934		10016	10109
10516	10589	10924	10994	11754	11935		10017	10110
10517	10590	10925	10996	11755	11937		10018	10111
10518	10591	10926	10997	11756	11939		10019	10112
10519	10594	10927	10998	11757	11940		10020	10113
10520	10595	10928	11701	11758	11941		10021	10114
10521	10596	10930	11702	11760	11942		10022	10115
10522	10597	10931	11703	11762	11944		10023	10116
10523	10598	10932	11704	11763	11946		10024	10117
10524	10601	10933	11705	11764	11947		10025	10118
10526	10602	10940	11706	11765	11948		10026	10119
10527	10603	10941	11707	11766	11949		10027	10120
10528	10604	10949	11709	11767	11950		10028	10121
10530	10605	10950	11710	11768	11951		10029	10122
10532	10606	10952	11713	11769	11952		10030	10123
10533	10607	10953	11714	11770	11953		10031	10124
10535	10610	10954	11715	11771	11954		10032	10125
10536	10701	10956	11716	11772	11955		10033	10126
10537	10702	10958	11717	11773	11956		10034	10128
10538	10703	10959	11718	11775	11957		10035	10129
10540	10704	10960	11719	11776	11958		10036	10130
10541	10705	10962	11720	11777	11959		10037	10131
10542	10706	10963	11721	11778	11960		10038	10132
10543	10707	10964	11722	11779	11961		10039	10133
10545	10708	10965	11724	11780	11962		10040	10138
10546	10709	10968	11725	11782	11963		10041	10150
10547	10710	10969	11726	11783	11964		10043	10151
10548	10801	10970	11727	11784	11965		10044	10152
10549	10802	10973	11729	11786	11967		10045	10153
10550	10803	10974	11730	11787	11968		10055	10154
10551	10804	10975	11731	11788	11969		10060	10155
10552	10805	10976	11732	11789	11970		10065	10156

Individual & Family Plans

Insured by Cigna Health and Life Insurance Company

New York

NY1	NY2	NY4	NY4	NY4	NY4	NY5	NY5	NY6
10278	10301	11001	11375	11530	11802	11101	11241	12007
10279	10302	11002	11377	11531	11803	11102	11242	12008
10280	10303	11003	11378	11542	11804	11103	11243	12009
10281	10304	11004	11379	11545	11815	11104	11245	12010
10282	10305	11005	11380	11547	11853	11105	11247	12015
10285	10306	11010	11381	11548		11106	11249	12016
10286	10307	11020	11385	11549		11109	11251	12017
	10308	11021	11386	11550		11120	11252	12018
	10309	11022	11405	11551		11201	11256	12019
	10310	11023	11411	11552		11202		12020
	10311	11024	11412	11553		11203		12022
	10312	11026	11413	11554		11204		12023
	10313	11027	11414	11555		11205		12024
	10314	11030	11415	11556		11206		12025
	10451	11040	11416	11557		11207		12027
	10452	11042	11417	11558		11208		12028
	10453	11050	11418	11559		11209		12029
	10454	11051	11419	11560		11210		12031
	10455	11052	11420	11561		11211		12032
	10456	11053	11421	11563		11212		12033
	10457	11054	11422	11565		11213		12035
	10458	11055	11423	11566		11214		12036
	10459	11096	11424	11568		11215		12037
	10460	11351	11425	11569		11216		12040
	10461	11352	11426	11570		11217		12041
	10462	11354	11427	11571		11218		12042
	10463	11355	11428	11572		11219		12043
	10464	11356	11429	11575		11220		12045
	10465	11357	11430	11576		11221		12046
	10466	11358	11431	11577		11222		12047
	10467	11359	11432	11579		11223		12050
	10468	11360	11433	11580		11224		12051
	10469	11361	11434	11581		11225		12052
	10470	11362	11435	11582		11226		12053
	10471	11363	11436	11590		11228		12054
	10472	11364	11439	11596		11229		12055
	10473	11365	11451	11598		11230		12056
	10474	11366	11499	11599		11231		12057
	10475	11367	11501	11690		11232		12058
		11368	11507	11691		11233		12059
		11369	11509	11692		11234		12060
		11370	11510	11693		11235		12061
		11371	11514	11694		11236		12062
		11372	11516	11695		11237		12063
		11373	11518	11697		11238		12064
		11374	11520	11801		11239		12065

Individual & Family Plans

Insured by Cigna Health and Life Insurance Company

New York

NY6	NY6	NY6	NY6	NY11	NY11	NY11	NY11	NY11
12137	12193	12248	12838	12401	12455	12512	12570	12747
12138	12194	12249	12839	12402	12456	12513	12571	12748
12139	12195	12250	12841	12404	12457	12514	12572	12749
12140	12196	12255	12842	12405	12458	12515	12574	12750
12141	12197	12257	12843	12406	12459	12516	12575	12751
12143	12198	12260	12844	12407	12460	12517	12577	12752
12144	12201	12261	12845	12409	12461	12518	12578	12754
12147	12202	12288	12846	12410	12463	12520	12580	12758
12148	12203	12301	12847	12411	12464	12521	12581	12759
12149	12204	12302	12848	12412	12465	12522	12582	12760
12150	12205	12303	12849	12413	12466	12523	12583	12762
12151	12206	12304	12850	12414	12468	12524	12584	12763
12153	12207	12305	12851	12416	12469	12525	12585	12764
12154	12208	12306	12852	12417	12470	12526	12586	12765
12155	12209	12307	12853	12418	12471	12527	12588	12766
12156	12210	12308	12854	12419	12472	12528	12589	12767
12157	12211	12309	12855	12420	12473	12529	12590	12768
12158	12212	12325	12856	12421	12474	12530	12592	12769
12159	12214	12345	12857	12422	12475	12531	12594	12770
12160	12220	12801	12858	12423	12477	12533	12601	12771
12161	12222	12803	12859	12424	12480	12534	12602	12775
12164	12223	12804	12860	12427	12481	12537	12603	12776
12165	12224	12808	12861	12428	12482	12538	12604	12777
12166	12225	12809	12862	12429	12483	12540	12701	12778
12167	12226	12810	12863	12430	12484	12541	12719	12779
12168	12227	12811	12864	12431	12485	12542	12720	12780
12169	12228	12812	12865	12432	12486	12543	12721	12781
12170	12229	12814	12866	12433	12487	12544	12722	12783
12172	12230	12815	12870	12434	12489	12545	12723	12784
12173	12231	12816	12871	12435	12490	12546	12724	12785
12174	12232	12817	12872	12436	12491	12547	12725	12786
12175	12233	12819	12873	12438	12492	12548	12726	12787
12176	12234	12820	12874	12439	12493	12549	12727	12788
12177	12235	12821	12878	12440	12494	12550	12729	12789
12180	12236	12822	12879	12441	12495	12551	12732	12790
12181	12237	12823	12883	12442	12496	12552	12733	12791
12182	12238	12824	12884	12443	12498	12553	12734	12792
12183	12239	12827	12885	12444	12501	12555	12736	
12184	12240	12828	12886	12446	12502	12561	12737	
12185	12241	12831	12887	12448	12503	12563	12738	
12186	12242	12832		12449	12504	12564	12740	
12187	12243	12833		12450	12506	12565	12741	
12188	12244	12834		12451	12507	12566	12742	
12189	12245	12835		12452	12508	12567	12743	
12190	12246	12836		12453	12510	12568	12745	
12192	12247	12837		12454	12511	12569	12746	

Individual & Family Plans

Insured by Cigna Health and Life Insurance Company

New York

NY12	NY12	NY12	NY12	NY7	NY7	NY7	NY8	NY8
12901	12962	13622	13672	13020	13081	13146	13301	13357
12903	12964	13623	13673	13021	13082	13147	13302	13360
12910	12965	13624	13674	13022	13083	13148	13303	13361
12911	12966	13625	13675	13024	13084	13152	13304	13362
12912	12967	13626	13676	13026	13087	13153	13305	13363
12913	12969	13627	13677	13027	13088	13154	13308	13364
12914	12970	13628	13678	13028	13089	13155	13309	13365
12915	12972	13630	13679	13029	13090	13156	13310	13367
12916	12973	13631	13680	13030	13092	13157	13312	13368
12917	12974	13632	13681	13031	13093	13158	13313	13401
12918	12975	13633	13682	13032	13101	13159	13314	13402
12919	12976	13634	13683	13033	13102	13160	13315	13403
12920	12977	13635	13684	13034	13103	13162	13316	13404
12921	12978	13636	13685	13035	13104	13163	13317	13406
12922	12979	13637	13687	13036	13107	13164	13318	13407
12923	12980	13638	13690	13037	13108	13165	13319	13408
12924	12981	13639	13691	13039	13110	13166	13320	13409
12926	12983	13640	13692	13040	13111	13167	13321	13410
12927	12985	13641	13693	13041	13112	13201	13322	13411
12928	12986	13642	13694	13042	13113	13202	13323	13413
12929	12987	13643	13695	13043	13114	13203	13324	13415
12930	12989	13645	13696	13044	13115	13204	13325	13416
12932	12992	13646	13697	13045	13116	13205	13326	13417
12933	12993	13647	13699	13051	13117	13206	13327	13418
12934	12995	13648		13052	13118	13207	13328	13420
12935	12996	13649		13053	13119	13208	13329	13421
12936	12997	13650		13054	13120	13209	13331	13424
12937	12998	13651		13056	13121	13210	13332	13425
12939	13601	13652		13057	13122	13211	13333	13426
12941	13602	13654		13060	13123	13212	13334	13428
12942	13603	13655		13061	13124	13214	13335	13431
12943	13605	13656		13062	13126	13215	13337	13433
12944	13606	13657		13063	13131	13217	13338	13435
12945	13607	13658		13064	13132	13218	13339	13436
12946	13608	13659		13065	13134	13219	13340	13437
12949	13611	13660		13066	13135	13220	13341	13438
12950	13612	13661		13068	13136	13221	13342	13439
12952	13613	13662		13069	13137	13224	13343	13440
12953	13614	13664		13071	13138	13225	13345	13441
12955	13615	13665		13072	13139	13235	13346	13442
12956	13616	13666		13073	13140	13244	13348	13449
12957	13617	13667		13074	13141	13250	13350	13450
12958	13618	13668		13076	13142	13251	13352	13452
12959	13619	13669		13077	13143	13252	13353	13454
12960	13620	13670		13078	13144	13261	13354	13455
12961	13621	13671		13080	13145	13290	13355	13456

Individual & Family Plans

Insured by Cigna Health and Life Insurance Company

New York

NY13	NY13	NY13	NY9	NY9	NY9	NY9	NY9	NY10
13731	13801	13902	14001	14065	14143	14260	14736	14410
13732	13802	13903	14004	14066	14144	14261	14737	14411
13733	13803	13904	14005	14067	14145	14263	14738	14413
13734	13804	13905	14006	14068	14150	14264	14739	14414
13736	13806		14008	14069	14151	14265	14740	14415
13737	13807		14009	14070	14166	14267	14741	14416
13738	13808		14010	14072	14167	14269	14742	14418
13739	13809		14011	14075	14168	14270	14743	14420
13740	13810		14012	14080	14169	14272	14744	14422
13743	13811		14013	14081	14170	14273	14745	14423
13744	13812		14020	14082	14171	14276	14747	14424
13745	13813		14021	14083	14172	14280	14748	14425
13746	13814		14024	14085	14173	14301	14750	14427
13747	13815		14025	14086	14174	14302	14751	14428
13748	13820		14026	14091	14201	14303	14752	14429
13749	13825		14027	14092	14202	14304	14753	14430
13750	13826		14028	14094	14203	14305	14754	14432
13751	13827		14029	14095	14204	14701	14755	14433
13752	13830		14030	14098	14205	14702	14756	14435
13753	13832		14031	14101	14206	14706	14757	14437
13754	13833		14032	14102	14207	14707	14758	14441
13755	13834		14033	14103	14208	14708	14760	14443
13756	13835		14034	14105	14209	14709	14766	14445
13757	13838		14035	14107	14210	14710	14767	14449
13758	13839		14036	14108	14211	14711	14769	14450
13760	13840		14037	14109	14212	14712	14770	14452
13761	13841		14038	14110	14213	14714	14772	14453
13762	13842		14039	14111	14214	14715	14774	14454
13763	13843		14040	14112	14215	14716	14775	14456
13774	13844		14041	14113	14216	14717	14777	14461
13775	13845		14042	14120	14217	14718	14778	14462
13776	13846		14043	14125	14218	14719	14779	14463
13777	13847		14047	14126	14219	14720	14781	14464
13778	13848		14048	14127	14220	14721	14782	14466
13780	13849		14051	14129	14221	14722	14783	14467
13782	13850		14052	14130	14222	14723	14784	14468
13783	13851		14054	14131	14223	14724	14785	14469
13784	13856		14055	14132	14224	14726	14786	14470
13786	13859		14056	14133	14225	14727	14787	14471
13787	13860		14057	14134	14226	14728	14788	14472
13788	13861		14058	14135	14227	14729		14475
13790	13862		14059	14136	14228	14730		14476
13794	13863		14060	14138	14231	14731		14477
13795	13864		14061	14139	14233	14732		14478
13796	13865		14062	14140	14240	14733		14479
13797	13901		14063	14141	14241	14735		14480

Individual & Family Plans

Insured by Cigna Health and Life Insurance Company

New York

NY10	NY10	NY10	NY10
14549	14624	14836	14891
14550	14625	14837	14892
14551	14626	14838	14893
14555	14627	14839	14894
14556	14638	14840	14895
14557	14639	14841	14897
14558	14642	14842	14898
14559	14643	14843	14901
14560	14644	14845	14902
14561	14646	14846	14903
14563	14647	14847	14904
14564	14649	14850	14905
14568	14650	14851	
14569	14651	14852	
14571	14652	14853	
14572	14653	14854	
14580	14692	14855	
14585	14694	14856	
14586	14801	14857	
14588	14802	14858	
14589	14803	14859	
14590	14804	14860	
14591	14805	14861	
14592	14806	14863	
14602	14807	14864	
14603	14808	14865	
14604	14809	14867	
14605	14810	14869	
14606	14812	14870	
14607	14813	14871	
14608	14814	14872	
14609	14815	14873	
14610	14816	14874	
14611	14817	14876	
14612	14818	14877	
14613	14819	14878	
14614	14820	14879	
14615	14821	14880	
14616	14822	14881	
14617	14823	14882	
14618	14824	14883	
14619	14825	14884	
14620	14826	14885	
14621	14827	14886	
14622	14830	14887	
14623	14831	14889	

Individual & Family Plans

Insured by Cigna Health and Life Insurance Company

New York

NY13

13730